

## New Treatment for Bronchitis, Asthma, Catarrh and Head Colds

Vick's "Vap-O-Rub" Salve Relieves by Inhalation and Absorption.

No Dosing.

No need to take internal medicines or habit forming drugs for these troubles. When Vick's "Vap-O-Rub" Salve is applied to the heat of the body, soothing, medicinal vapors are released that are inhaled through the air passages to the lungs. In addition, Vick's is absorbed through the skin, relieving the tightness and soreness.

Vick's can be applied over the throat and chest and covered with a warm flannel cloth—or a little put up the nostrils—or melt a little in a spoon and inhale the vapors arising. Also for Asthma and Hay Fever, rub Vick's well over the spinal column to relax the nervous tension. 25c, 50c, or \$1.00.

### VICK'S "VAPORUB" SALVE

**Sure Thing.**  
"It's the little things that count."  
"Right you are; a small ace will make a big, fat king."

**Drive Out Malaria**  
And Build Up The System

Take the Old Standard GRCVE'S ASTELESS CHILL TONIC. You know what you are taking, as the formula is printed on every label, showing it is genuine and iron in a tasteless form. The genuine drives out malaria, the iron builds up the system. 50 cents.

The Northern Pacific railroad has ordered 2,000 cars especially for handling fruit. Cost, \$3,500,000.

**A HINT TO WISE WOMEN.**  
Don't suffer torture when all female troubles will vanish in thin air after using "Femina." Price 50c and \$1.00.—Adv.

It's no use in trying to convince a mule that he is stubborn.

**Ec-Zene Kills Eczema.**  
Let us prove it. Accept no substitute. If your Druggist does not have it, write to Ec-Zene Co., St. Paul, Minn.—Adv.

A cozy corner is a handy place in which to sweep the dirt.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

When lovers elope it's a getaway for common sense.

**For Thrush and Foot Diseases**  
Antiseptic, Cleansing and Healing



Save Your Stock

**HANFORD'S Balsam of Myrrh**  
ALINMENT

**For Galls, Wires, Lameness, Strains, Bunches, Thrush, Old Sores, Nail Wounds, Foot Rot, Fistula, Bleeding, Etc., Etc.**  
Made Since 1846. Ask Anybody About It.  
Price 25c, 50c and \$1.00

OR WRITE  
All Dealers & C. Hanford Mfg. Co.  
SYRACUSE, N. Y.

**TRY THE OLD RELIABLE WINTERSMITH'S CHILL TONIC**

**For MALARIA CHILLS & FEVER**  
FINE GENERAL STRENGTHENING TONIC

**Seeds and Plants**  
Over 100 Acres of Most Proof Cabbage Plants

THE HIGHEST QUALITY. GUARANTEED to satisfaction. Prices, express collect, \$1.00 per 100, \$5c a 1,000 for \$5.00 or more. Varieties: Early Wakefield, Charleston Wakefield, Early Spring, Early Flat Dutch, Late Flat Dutch, Early Succession, Late Succession, Best Lettuce and Onion plants \$5.00 per 1,000. All plants by mail 35c per 100. For a profitable crop buy your plants from FRED JOUANNET, Mt. Pleasant, S. C.

Whipple's Early Double Prolific Cotton defines the best insecticide, disease, frost and unfavorable seasons with greatest profit and results on record. The proof sent from 100 lbs. of \$3. Sugar Leaf Farm, Youngsville, N. C.

## THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue, serious results may be expected.

Four other organs may need attention—but your kidneys should have attention first because their work is most important.

If you feel that your kidneys are the cause of your sickness or run down condition commence taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy, because if it proves to be a remedy you need and your kidneys begin to improve they will help all the other organs to health.

**Prevalency of Kidney Disease.**

Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney diseases are among the most common diseases that prevail, they are almost always recognized by patients, who usually suspect themselves with doctoring the kidneys, while the original disease constantly undermines the system.

**SPECIAL NOTE—**You may obtain a sample size bottle of Swamp-Root by enclosing 5 cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy for their kidney, liver and bladder troubles. The value and success of Swamp-Root are so well known that our readers are advised to send for a sample size bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.

**Man's Foolish Impatience.**  
In that worthiest of all struggles—the struggle for self-mastery and goodness—we are far less patient with ourselves than God is with us.—Selected.

### STOP EATING MEAT IF KIDNEYS OR BACK HURT

Take a Glass of Salts to Clean Kidneys If Bladder Bothers You—Meat Forms Uric Acid.

Eating meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or if bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.—Adv.

**Strong for 'Em.**  
"How is the new bookkeeper on figures?"  
"Always runs to the window when a good one goes by."

### TRY THIS EASY WAY TO CLEAR YOUR SKIN WITH RESINOL SOAP

Bathe your face for several minutes with Resinol Soap and warm water, working the creamy lather into the skin gently with the finger-tips. Then wash off with more Resinol Soap and warm water, finishing with a dash of clear cold water to close the pores.

Do this once or twice a day, and you will be astonished how quickly the healing, antiseptic Resinol medication soothes and cleanses the pores, removes pimples and blackheads, and leaves the complexion clear, fresh and velvety. In severe cases a little Resinol Ointment should also be used. Resinol Soap is sold by all druggists.—Adv.

**Where Switzerland Leads.**  
Switzerland spends more for relief of the poor than does any other country.

**ON FIRST SYMPTOMS**  
use "Renovine" and be cured. Do not wait until the heart organ is beyond repair. "Renovine" is the heart and nerve tonic. Price 50c and \$1.00.—Adv.

Better keep your temper; otherwise it is apt to give you away.

**The Quinine That Does Not Affect Head**  
Because of its tonic and laxative effect, LAXATIVE QUININE is better than ordinary quinine and can be taken by anyone. 50c

There's always room for one more oyster in the soup.

### A Trial Will Convince Anyone.

Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy, is soon realized and that it stands the highest for its remarkable results in the most distressing cases.

#### Symptoms of Kidney Trouble.

Swamp-Root is not recommended for everything but if you suffer from annoying bladder troubles, frequently passing water night and day, smarting or irritation in passing, brick-dust or sediment, headache, backache, lame back, dizziness, poor digestion, sleeplessness, nervousness, heart disturbance due to bad kidney trouble, skin eruptions from bad blood, neuralgia, rheumatism, lumbago, bloating, irritability, worn-out feeling, lack of ambition, may be loss of flesh or sallow complexion, kidney trouble in its worst form may be stealing upon you.

#### Swamp-Root is Pleasant to Take.

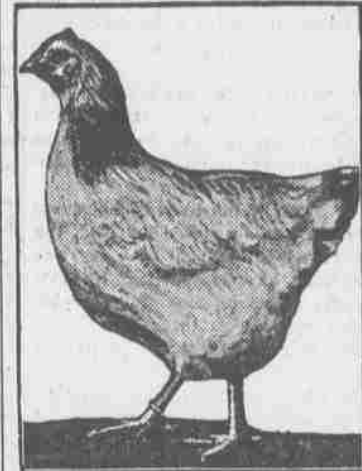
If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and one-dollar size bottles at all drug stores.



### ENCOURAGE PULLETS TO LAY

Housed Together, Well Fed, With Plenty of Green Stuff and Fresh Water They Will Lay Eggs.

If you let the pullets run with the flock and feed them in an irregular way they will certainly take their time in beginning to lay. When the combs are showing up red and mature is the time to be getting the pullets in a house to themselves, with a good laying ration, and they will lay weeks earlier and more steadily after beginning if kept to themselves and not allowed beyond a small inclosure. No



Famous Columbian Rock.

male birds must be allowed with them.

A dry mash with a reasonable percent of meat scrap is necessary, or, if milk is most plentiful, then the mash made up crumbly will help a speedy start. Housed together, fed well, with plenty of succulent green stuff like cabbage, with grit, lime, charcoal, and plenty of pure water at hand, and nothing else to think of but making themselves useful, they will produce the eggs.

The reason the pullets on the farm lay so few eggs in fall and winter, and put off regular laying until often late spring, is due to letting them run with the flock and giving no extra feeding or warm room to themselves. This last is the only way to get winter eggs from the early spring pullets.

### BEST HOUSES FOR CHICKENS

One Subject on Which Successful Poultrymen Agree—Fresh Air and Sunshine Are Essential.

The most successful poultrymen we have today differ point blank on almost any subject, if we except that of housing. On this point they will agree. Any kind of house will answer the purpose, so long as it provides adequate room, sunshine and an abundance of fresh air so admitted that no draft strikes the inmates.

Given a cool, dry house, your fowls are reasonably safe; a warm, damp house and you have a roup producer. Repeated experiments have proved that fowls are more nearly in their natural environment when housed in dry, cold, fresh-air houses, than when in artificially heated ones. The egg production is much better in the former kind. In the matter of hatching and brooding, it has been found that the eggs hatch much better, and the chicks are stronger, from stock housed in the open-air houses. Many times when the chicks do not "escape the shell," the trouble is laid to the incubator, when, as a matter of fact, it was caused by the breeders becoming short in vim and vigor from wrong winter care.

### KEEP POULTRY HOUSE CLEAN

Promotes Comfort of Fowls and Lessens Chance of Disease—Provides Proper Dust Bath for Hens.

Droppings should be removed daily, for cleanliness in the poultry house promotes comfort and lessens the chance of disease.

Poultry houses, however simple, should be both warm in winter and well lighted. The windows should also be provided with iron netting, so the sash may be raised to admit air in summer, and also mild weather in winter.

One portion should be half dark, for the laying and sitting hens, and a proper dust bath should be provided.

If lice make their appearance, fumigate thoroughly and after cleansing whitewash with lime to which a little carbolic acid is added.

#### Good Sour Milk Ration.

A good sour milk ration: Corn, four parts; wheat, two parts; bran middlings, one part; corn meal, one part; sour milk, separately. Give 100 hens 2½ gallons of milk and from 19 to 25 pounds of other food a day.

#### Good Fowls to Keep.

Choose those fowls having full bodies, good carriage, wide backs, short legs, full breasts and well-formed combs, this last feature being imperative in the male.

### IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair.

A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant.—Adv.

**Hairs of Rock Plants.**  
In a certain issue of the English publication, Knowledge, there is a short paper on the hairs of rock plants, by K. E. Styan. The glandular hairs of the Saxifrage are described. The three types of hairs dealt with are the silky or woolly hairs of the Edelweiss and the like; the stellate hairs which form a felted covering to many leaves, as in Aubretias and Alysums, and the glandular, which may occur alone or in conjunction with one of the other types. The hairs are mainly protective against atmospheric conditions, but the glandular hairs may in some cases serve to attract insects.

#### Catty Remark.

"Algernon must be in love with me."

"What gave you that idea?"

"He clasps me so closely in the dance."

"It isn't that," declared the other girl disagreeably. "It is just a case of being afraid he'll fall down unless he hangs on to his partner."—Louisville Courier-Journal.

#### Insidious Sneer.

"Seth Smiggles says you are another Daniel Webster."

"Yes," said Senator Sorghum; "Seth is always comparing me with somebody who is dead."

Manners are the orchids of civilization; courtesy is its sweet violets.

## UGH! CALOMEL MAKES YOU SICK! CLEAN LIVER AND BOWELS MY WAY

Just Once! Try "Dodson's Liver Tone" When Bilious, Constipated, Headachy—Don't Lose a Day's Work.

Liven up your sluggish liver! Feel fine and cheerful; make your work a pleasure; be vigorous and full of ambition. But take no nasty, dangerous calomel, because it makes you sick and you may lose a day's work.

Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into sour bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

Listen to me! If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50 cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoonful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning, because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular.

Dodson's Liver Tone is entirely vegetable, therefore harmless and cannot salivate. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.

### TRAVELING WITH A CELLO

Instrument Declared to Be Almost as Troublesome as a Baby or a Donkey.

Traveling with a cello is almost as good—and almost as bad—as traveling with a child. It helps you, for example, in cultivating friendly relations with fellow passengers. Suppose there is a broken wheel, or the engineer is waiting for No. 26 to pass, or you are stalled for three days in a bizzard—what's more jolly than to undress your cello and play each of those present the tune he would like to hear, and lead the congregational singing of "Dixie," "Tipperary" and "Home, Sweet Home"? A fiddle may even render tenable one of those railway junctions which Stevenson cursed as the nadir of intrinsic uninterestingness, and which Mr. Clayton Hamilton has recently glorified with such brio in the Unpopular Review. Robert Haven Schaffer writes in the Atlantic.

But this is only the bright side. In some ways traveling with a cello is as uncomfortable as traveling, not only with a baby, but with a donkey. Unless, indeed you have an instrument with a convenient hinged door in the back so that you may back it full of pajamas, collars, brushes, MSS., and so forth, thus dispensing with a bag; or unless you can calk up its F holes and use the instrument as a canoe on occasion, a cello is about as inconvenient a traveling companion as the corpse in Stevenson's tale, which would insist on getting into the wrong box.

### CAN LAUGH AT TORPEDOES

Peculiarly-Constructed Ship That Has Proved Itself to Be of Real Value in Warfare.

Monitors of a very queer sort were introduced not long ago at the Dardanelles by the allies. Amusing descriptions of these craft have been printed in London, but in spite of their ludicrous appearance it seems that they are real factors. Some time ago when one of the boats first put in at Kephalos harbor in the Aegean it caused consternation. Instead of steaming in like an ordinary war vessel, it seemed to waddle through the water like a huge goose, and from a distance looked as if it were showing its bow to the stern. A large turret is carried on a high, flat deck. This mounts two 14-inch rifles. Just below the surface of the water the sides of the monitor bulge out about ten feet and then curve down. This peculiar hull construction accounts for the clumsy movements of the vessel, but it is said to make it proof against torpedoes. The ship is large and roomy. The only armament it carries in addition to the heavy guns are aerial rifles.—Popular Mechanics.

#### Her Gift.

"Mrs. Garber is gifted with a sixth sense."

"And what is it, pray?"

"Inexhaustibility."

As president of the French republic M. Poincare receives a salary of \$120,000 per annum.

## Three Points of Superiority

Just one trial of the NEW POST TOASTIES, made in our spotless pure-food factories, reveals their pronounced superiority. A distinguishing characteristic being the presence of tiny little puffs on each delicately toasted flake.

First, a splendid new flavour is developed in the NEW POST TOASTIES; the full, true flavour of the corn, not found in other corn flakes.

Second, they have a body and firmness that prevents softening in cream and provides a nourishing, satisfying breakfast dish that one can chew, though deliciously tender and crisp.

And third, the NEW POST TOASTIES do not waste in the package through crumbling, like ordinary flakes.

Thousands of housewives have "discovered" these new and decidedly better corn flakes to the open delight of husbands and children.

The NEW Toasties are crisper and daintier than common corn flakes, with better flavour, better body, and added economy.

Packed in paraffine-sealed cartons to preserve the delicious oven-crispness until opened at your table.

And remember—they're called

# New Post Toasties

Sold by Grocers everywhere.